

ARRIVAL TIME:  
MONDAY, MAY 26TH, 2008 AT 3:00 PM  
(Upon arrival, please go to the library to register)

**THE WEEK WILL INCLUDE:**

- Day of prayer
- Talk on Carmelite Spirituality, Discernment, Religious Life
- Tour of the Novitiate
- Question and Answer
- A taste of the Carmelite Sisters' life in prayer, work and recreation
- Tour of the Apostolates (Health Care, Retreat Work, Day Care, Education)



CARMELITE SISTERS  
OF THE MOST SACRED HEART  
OF LOS ANGELES



*May you use every day of your life  
to love Him,  
to serve Him and to thank Him  
or the love He has for you.*

*Venerable Mother Luisita*



Picture above:  
Praying the Liturgy of the Hours in community



VENERABLE MOTHER MARIA LUISA JOSEFA  
FOUNDRESS OF THE CARMELITE SISTERS  
OF THE MOST SACRED HEART OF LOS ANGELES

The order of Carmel traces its roots to the Old Testament, where on Mount Carmel, the prophet Elijah was “filled with zealous zeal for the Lord God of Hosts,” (1 Kings 19:10). Carmel means “enclosed garden”, so the soul of each Carmelite is that enclosed garden where God alone dwells. Mary, who is the Queen and Beauty of Mount Carmel, inspires all Carmelites to live a life in imitation of one who ponders all things in her heart and wholeheartedly goes out in charity to those in need.

Our life is characterized by: A life of prayer and union with God, a deep love for Jesus in the Holy Eucharist and devotion to Our Blessed Mother. We are steadfast in fidelity to the Magisterium of the Church and have a constant desire to be of service to the needy poor. Our apostolates include: Day Care, Education, Health Care and Retreat Work.

DEPARTURE TIME:  
THURSDAY, MAY 29, 2008 AT 2:30 PM

If you are a young single woman, **between the age of 18 and 35**, and would like to take some time seriously discerning if God may be calling you to the Religious Life, you are welcome to come and see!

**WHERE YOU WILL BE STAYING:**

The Sacred Heart Retreat House  
(which is also the Carmelite Sisters' Motherhouse and Novitiate)

**WHAT TO BRING:**

- Casual dresses/skirts/Comfortable shoes
- Toiletries
- Bible/Rosary
- Notebook/Pen
- Alarm Clock
- Liturgy of the Hours Prayer book (If you do not have one, we can provide one for your use.)
- Free-will donation
- A joyful, open heart to hear God's message for you.

\*\*Linens and towels will be provided.

For any questions or to make reservations,  
please call and ask for  
Sister Mary Scholastica, OCD  
(626) 300-8938  
or e-mail us at [beautyofcarmel@sbcglobal.net](mailto:beautyofcarmel@sbcglobal.net)

Our website: [www.carmel-msh.org](http://www.carmel-msh.org)

*At the Service of the Family - for LIFE.*



HEALTHCARE  
APOSTOLATE

*To Educate with the  
MIND and HEART of Christ.*



EDUCATION  
APOSTOLATE

*To Promote a Deeper Spiritual Life.*



RETREAT APOSTOLATE

*Are you called?*

**COME AND SEE!**



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OF LOS ANGELES

**MAY 26-29, 2008**

INDIVIDUAL VISITS MAY BE  
ARRANGED AT ANY TIME.

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